



February 13, 2026

Dear Families, Friends, and Patients of Helotes Pediatrics,

I am writing this letter to say farewell: Friday, February 13, 2026, is my last day at Helotes Pediatrics. 13 years ago, Dr. Gideon took a chance on a new graduate nurse practitioner. I quickly fell in love with this practice. Dr. Gideon's kind, knowledgeable, and thorough approach have shaped me into the pediatric nurse practitioner that I am today. I will forever be grateful to her and the practice for this.

It has been my pleasure and a great honor to serve the families of Helotes, San Antonio, and surrounding areas over the last 13 years. I want to take the opportunity to say thank you to each of you for allowing me to care for your family and for trusting me in some of the happiest and most vulnerable moments of your child's life. For many of you I was honored to welcome the births of your babies and growing families. For others, I had the enjoyment of celebrating those milestones in their first years and then again as they entered kinder and eventually went to middle, high school, and beyond. I was able to cheer on their successes while also supporting them during the difficult times as well. I've come to know many of you quite well through the years and consider your children as an extension of my own family. My time at Helotes Pediatrics has been a privilege and one that has left an ever-lasting impact on my life.

The decision to leave Helotes Pediatrics to allow me more time with my family and children was not an easy one and not one that I took lightly. I loved working with so many families and children. I care deeply for the trust you have given me and the relationships we have forged. I leave knowing that the families I have cared for will be in the excellent and trustworthy hands of Dr. Wendy Gideon.

I wish each of you and your families well, and happiness in life and health. If you see me around, please don't hesitate to say hello. Blessings to each of you until we meet again!

Sincerely,
Shannon Bartell